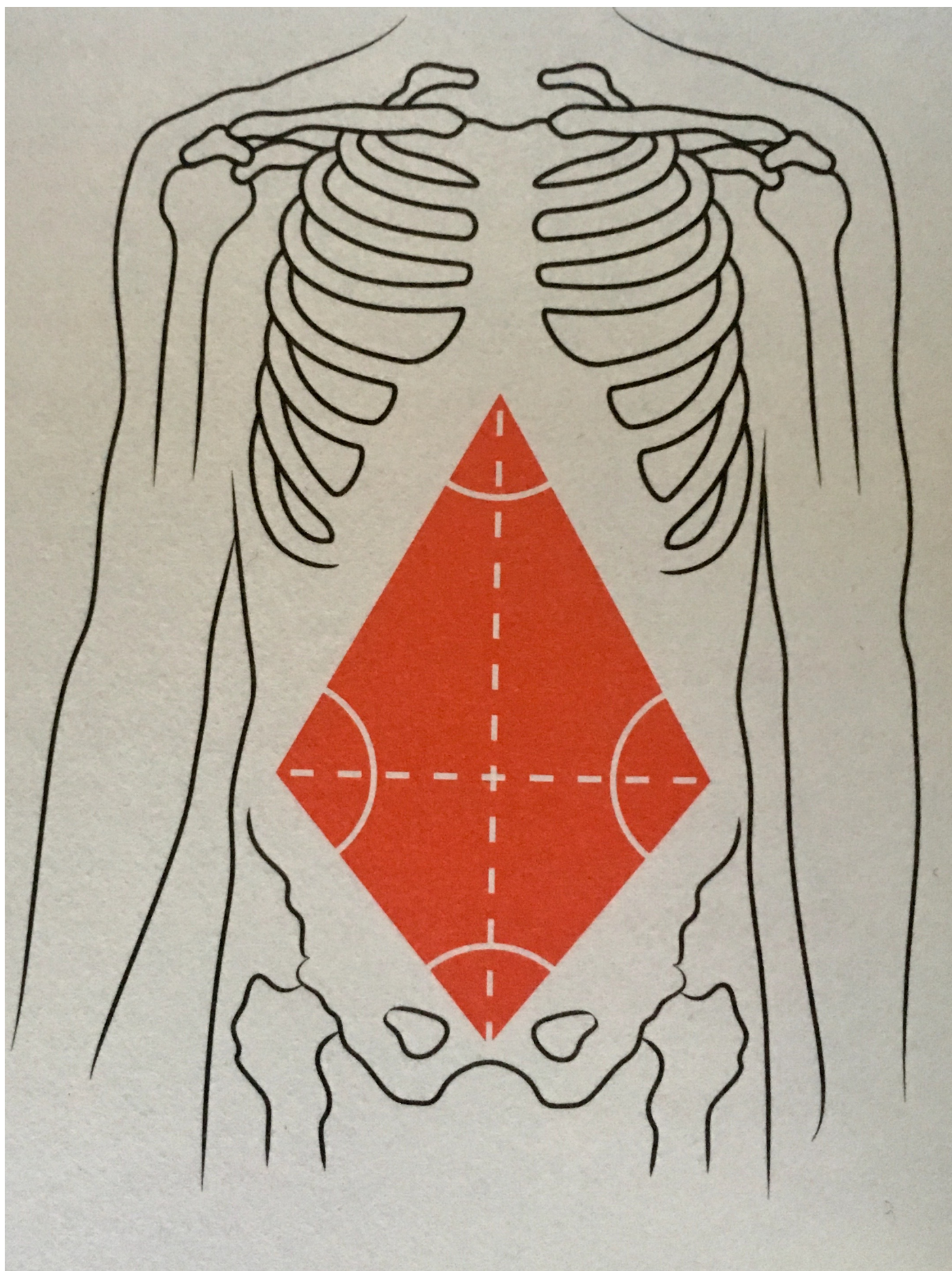


BREATHING
BLOWING &
BEING BRILLIANT

DEAN WRIGHT

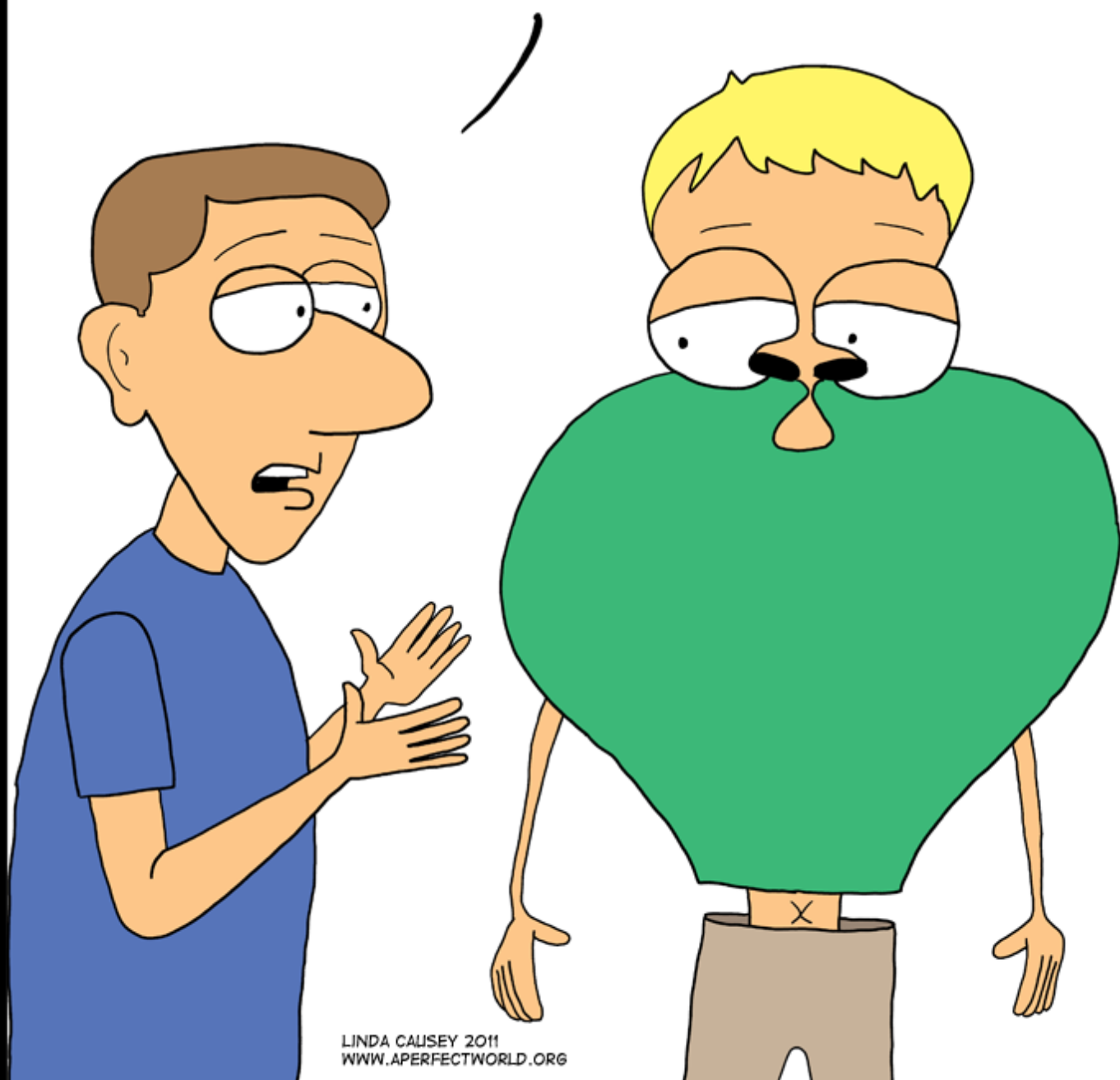




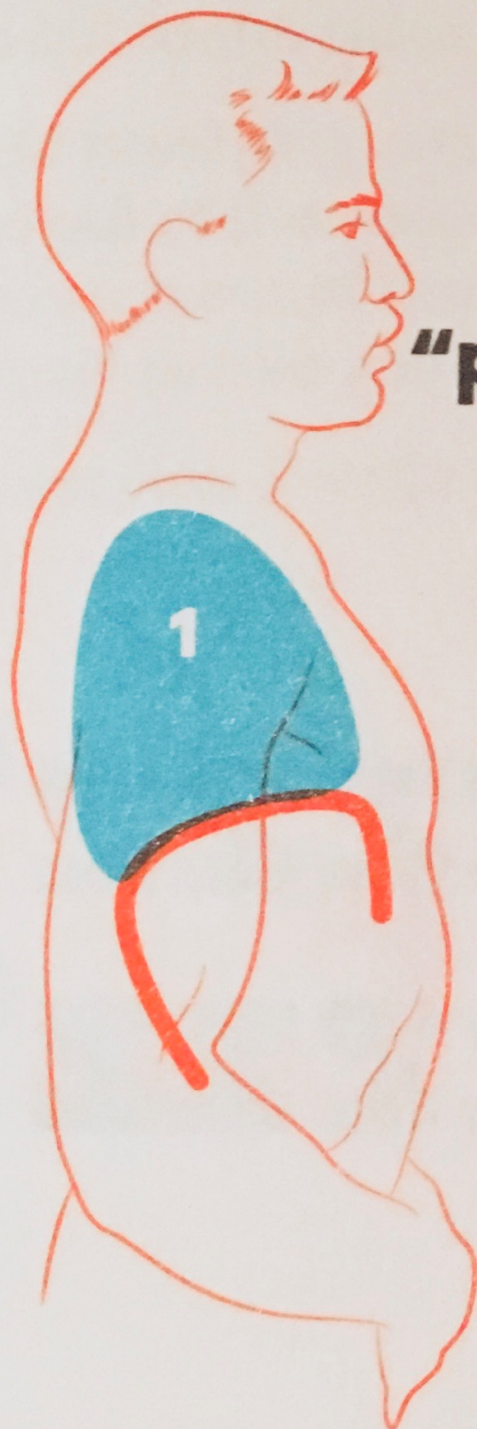


**KEEP
CALM
AND
BREATHE
DEEPLY**

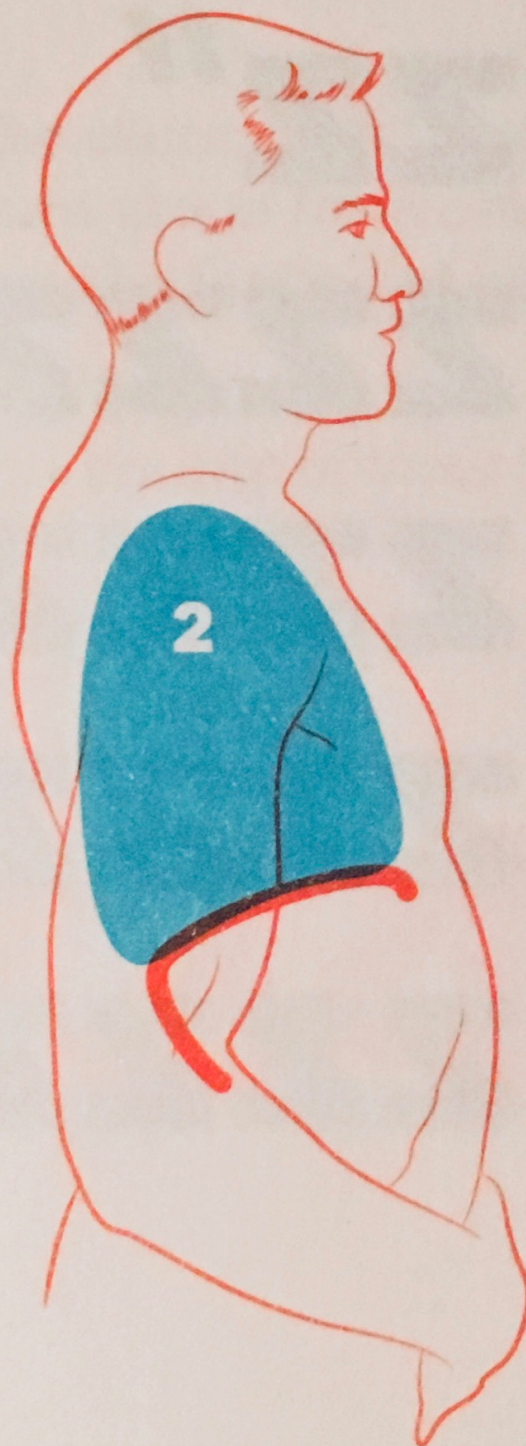
YOU DON'T NEED TO
BREATHE *THAT* DEEPLY!



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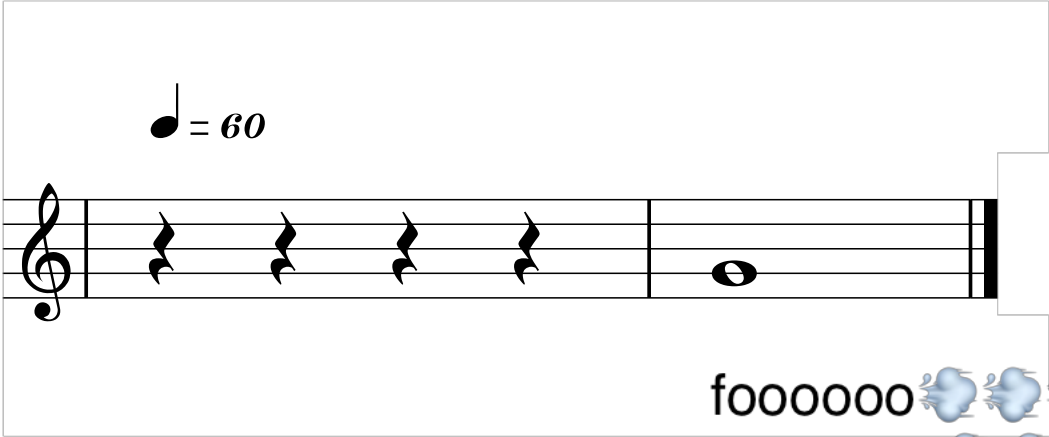
"psh"



Just A 'G'

Nothin' Else

• = 60



f o o o o o o

p o o o o o o

This exercise is to promote a healthy embouchure. Play with a relaxed airflow at a soft dynamic. Rest as much as you play. Repeat the sequence ten times, then rest. Do this for five minutes or more.

MUMBO

JUMBO

ALERT!!!

SMART GOALS

Specific

Measureable

Attainable

Relevant

Timely

GROW MODEL

Goal

Reality

Options

Way

Practise Minute

**"A minute is a long time in a
practise session."**

Dean Wright - Musician

-CONTROL-

Practising softly helps you gain better control of your playing. Who Knew!!

$\bullet = 60$

Tu
Pu
Foo 🐣

p

Play the last tone until empty!!

It is very important to spend some time in your playing day playing quietly. Herbert Clarke prescribed that his Characteristic Studies should be played piano. We have plenty of chances to play with a full, open sound so we should balance that out with some relaxing quiet tones.

The above exercise can be transposed up and down. The exercise takes 2 minutes and is designed to expand the length of your exhalation ability. Stop when you feel you have to start 'pushing' the air out to keep the tone steady. Subdivide as shown.

10 *pp*

11 *pp*

12 *pp*

13 *pp*

14 *pp*

15 *pp*

16 *pp*

17 *pp*

18 *pp*

19 *pp*

20 *pp*

21 *pp*

Quiet Mind. Focus. Articulate.

Subdivide as shown.

$\bullet = 60$

mp

4

7

10

13

16

This is a fantastic exercise from Victor Paz, a New York jazz trumpeter. If you play this exercise for 5 minutes, you will have achieved 75 focussed articulations. The subdivision give our conscious mind something to occupy itself with, leaving us to focus on synchronising the breath and tongue. Simple.

Stamp 3

$\bullet = 100$

mf

Take a deep relaxed breath before each line

Play with a full, vibrant sound from the very beginning of the note.

Make sure you go from note centre to note centre - Very Important

Variation on Schlossberg #13

Play with a legato sense of articulation, using a Dah syllable.

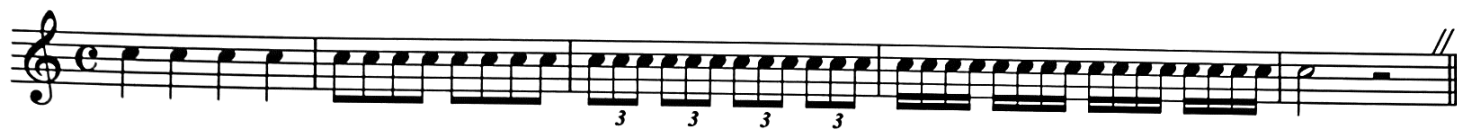
Slow

The musical score consists of eight staves of music, each containing a single melodic line. The tempo is marked 'Slow'. The music is written in 3/4 time and features a variety of rhythmic patterns, including eighth-note runs, quarter notes, and half notes. The key signature changes throughout the piece, starting with one flat and moving through several other keys. The notation includes many slurs and accents, emphasizing the legato articulation. The piece concludes with a double bar line on the eighth staff.

Set A

St. Jacome Bugle Calls

1



2



3



4



5



6



Set B

1



2



3



4



6. Expanding Scales

